



- 1. Are your staff members required to be vaccinated?** Yes. We have mandated that our staff members be fully vaccinated.
- 2. Are your rooms private or semi-private?** All Winter Growth residents have private rooms.
- 3. Is your community secured?** Yes, Winter Growth's easy-to-navigate, one-story buildings are secured and were designed to surround interior courtyards that provide outdoor spaces for our residents to safely enjoy.
- 4. What levels of care are you able to accommodate?** Winter Growth provides level 2 and 3 care for residents in both our Olney and Columbia communities.
- 5. How much is your Entrance Fee?** Zero. Yes, you read that right. Winter Growth does NOT charge an Entrance Fee.
- 6. What is your monthly cost-of-care?** Winter Growth's all-inclusive rates are listed below:

**Ruth Keeton House**

**Assisted Living (Columbia)**

Level 2: \$158/day (avg \$4,820 / month)

Level 3: \$185/day (avg \$5,643 / month)

**Maryland Memories**

**Memory Care (Columbia)**

\$225/day (avg \$6,863 / month)

**Marge's Memory Care**

**Memory Care (Olney)**

\$225/Day (avg \$6,863 / month)

- 7. What services are included in your cost-of-care?** Winter Growth believes in meeting the individual needs of our residents without unexpected fees. Our all-inclusive cost-of-care encompasses the following accommodations and services:

- Private Resident Rooms (furnished if desired)
- Nursing Oversight and Awake Night Care Providers
- Medication Management
- Personal Care Services
- Nutritious Meals and Snacks - Prepared On-Site
- Therapeutic Day Program
- Age and Ability-Appropriate Exercise Program
- Housekeeping and Maintenance

- 8. Are there additional medical services available on-site?** Yes, through partnerships with outstanding local providers, the following optional (not included in cost-of-care) onsite services are available to Winter Growth's residents:

- Physical, Occupational, and Speech Therapy
- Routine Health Practitioner Visits
- Podiatrist Services
- Temporary Sitter / Hospice Care

- 9. What does a typical day look like for a resident?** A typical day starts with enjoying a family style breakfast with friends. On weekdays, residents then have the opportunity to join our Day Program participants in a variety of activities designed to get the mind and body moving. After a morning snack, residents and Day Program participants shift into small group activities, which may include topical discussions, arts and crafts, music and dance, book or gardening clubs, yoga, and a host of other options. At one, we break for a delicious hot lunch followed by encore activities, including trivia, guest performances, and more.

Once our Day Program friends head home, residents put their feet up and relax – enjoying quiet time or chatting and playing board games with volunteer visitors. After dinner at 5pm, evening care begins and many of our residents get together to watch a movie or one of our favorites, 'Jeopardy', before settling in for the night.

- 10. What makes your activity program different or better than others?** Our Activity Program is research-based and person-centered. This means that our team of Life Enrichment professionals draw on proven best practices to design and implement therapeutic programs that meet each and every one of our residents where they are. Rather than offering activities that are simply diversional, our focus is on meeting each individual's unique physical, cognitive, and emotional/spiritual needs. That's because we believe that all of our residents, regardless of their age and ability, deserve the opportunity to learn and grow, and to continue to live lives that are filled with joy and purpose.